

ISSA NATIONAL HIGH SCHOOL SINGLE HANDED CHAMPIONSHIP
For the
CRESSY TROPHY
To Be Held At
Wayzata Yacht Club/Lake Minnetonka Sailing School
Wayzata, Minnesota
Hosted by the Midwest Interscholastic Sailing Association

October 15, 16, 17, 2004

1. RULES

The regatta will be governed by the 2001-2004 Racing Rules of Sailing, the prescriptions of US SAILING including Appendix N, the ISSA Procedural Rules, this Notice of Race (except as changed by the Sailing Instructions), and the Sailing Instructions. The regatta is classified as a Category A event.

2. ELIGIBILITY

2.1 A team is comprised of one sailor. Competing schools must be members of ISSA. **NO STUDENT BELOW THE LEVEL OF 9TH GRADE SHALL BE ELIGIBLE TO COMPETE.** Teams must be accompanied by a designated adult Team-Leader Chaperone, who may be an advisor, coach, or parent and must be recognized by the school.

2.2 Selection for the Cressy Trophy will be by district elimination. The regatta has 32 berths – sixteen in Laser Full Rig and sixteen in Laser Radial Rig, which will be distributed based on the following quotas:

Full Rig:

New England 4	Mid-Atlantic 3	So. Atlantic 2	Southeast 1
Mid-West 1	Pacific Coast 4	Northwest 1	

Radial Rig:

New England 4	Mid-Atlantic 3	So. Atlantic 2	Southeast 1
Mid-West 1	Pacific Coast 4	Northwest 1	

NOTE: Sailors should contact their District for dates of their qualifier. The representative district should then notify MISSA with the regatta results i.e., sailors name, rig and school/address.

2.3 Each team must be a current member of ISSA. The membership fee is \$75 annually per school plus district dues paid to the appropriate district.

3. ENTRY AND COMMUNICATIONS

3.1 Eligible schools and sailors must enter by completing an official Entry Form and enclose separate checks: entry fee including any additional meals for non-participants, a separate check for a boat damage deposit, and another for shirts. Due on or before October 8, 2004.

If the elimination for your district is to be held after the entry deadline, the district representative must contact Cappy Capper immediately, so that special arrangements can be made.

In all cases, please contact Cappy Capper (LMSSCappy@aol.com) within 24 hours of being selected by your district. The Entry Form and checks must be submitted as soon as possible thereafter to arrive by October 8, 2004. Note that **Liability and Medical release forms are required at or before the time of registration.**

- 3.2 ISSA membership will be verified at the time of final registration at the regatta site.
- 3.3 Sailors **unable to compete** must notify their respective district representative and Cappy Capper as soon as possible for reallocation.
- 3.4 Sailors able to compete must confirm by email as soon as possible but not later than October 6, 2004.
- 3.5 All forms will be posted on the ISSA (<http://www.highschoolsailingusa.org>) and MISSA (<http://www.missa.net/>) web sites.

4. ENTRY FEE

- 4.1 There will be an entry fee of \$50.00 per entrant, which includes two continental breakfasts, two box lunches, and a dinner. Additional meal packages are available for sponsors/coaches at a cost of \$30.00 and must be indicated in the entry fee. Make checks payable to LMSS.
- 4.2 Send all forms and entry fees to:
Cappy Capper/Cressy Regatta
Lake Minnetonka Sailing School
P.O. Box 842
Wayzata, MN 55391

5. BOATS

1. Lasers (including rigging, sails, spars, and blades) will be provided at no cost for all contestants by Vanguard. There will be no rotation of boats. Competitors may bring telltales for the sails and an elastic cord to tie up the hiking strap. No changes, additions, or alterations to the spars, sail, hull and fittings shall be made. The boat shall be sailed "as supplied"

6. BOAT DAMAGE DEPOSIT

A boat damage deposit of \$200.00 is required. Funds not used will be marked "void" and returned via mail as soon as possible after the regatta.

7. SCHEDULE

Friday – October 15, 2004

1400 - 1800 Registration at Wayzata Yacht Club

Boats available for practice - one boat per entrant allowed

Saturday – October 16, 2004

0830 - 0930 Continental Breakfast at Wayzata Yacht Club

0830 - 0930 Last minute registration

0830 - 0930 Rigging of Boats

0930 Competitors Meeting - MANDATORY

1030 First Warning. Racing will continue throughout the day. A lunch break will be scheduled.
1900 Dinner at Wayzata Yacht Club

Sunday – October 17, 2004

0830 - 0930 Continental Breakfast at Wayzata Yacht Club
0830 - 0930 Rigging of Boats
0930 Competitors Meeting - MANDATORY
1030 First Warning. A lunch break will be scheduled
1600 No race will be started after this time, with the exception of a sail-off, if needed
1700 Awards Presentation

All times are approximate. Changes will be posted on the Notice Board.

8. RACING AREA

Racing will be on Wayzata Bay, located on the North-East corner of Lake Minnetonka.

9. COURSES

Based on conditions, the Race Committee will determine the courses. Target race times will be 20 minutes.

10. SCORING

The regatta will be scored using ISSA Procedural Rules.

11. HOUSING

Teams are responsible for their own housing.

Recommended local hotels:

Country Inn and Suites (763) 473-3008	\$69/per night (ask for Virginia in group sales)
Holiday Inn Express (763) 545-8300	\$79.99/per night
Comfort Inn (763) 559-1222	\$69-89/per night
Red Roof Inns (763) 553-1751	\$54.99-64.99/per night

12. FOOD

A weekend food package (two continental breakfasts, two box lunches and Saturday evening dinner) will be included for each competitor. The food package will be available to coaches and spectators for \$30.00 per person. Weekend food packages must be reserved as soon as possible but not later than October 8. Please submit payment with your entry fee.

13. TRAVEL AND TRANSPORTATION

The Minneapolis/St Paul International Airport is the local airport (about 20 miles from the Wayzata Yacht Club). Ground transportation is available, however, a rental car is recommended.

14. COACHING

The intent is to race all races in Wayzata Bay just off the shores of the Wayzata Yacht Club. A 28' Pontoon boat will be moored in-between two 100' plastic docks moored somewhere in

the vicinity of the finish area. Coaching will only be allowed from the plastic dock in accordance with ISSA Procedural Rule 8. Spectators and other support personnel shall not go afloat in the sailing area and can observe from shore. The penalty for failing to comply with this requirement will be dealt with in accordance to ISSA Procedural Rules.

15. PRIZES

Prizes will be awarded to schools and skippers placing 1st through 3rd in each fleet. Additionally the top skipper from each fleet will have his/her name engraved on the perpetual Cressy Trophy.

16. USE OR POSSESSION OF ALCOHOL OR CONTROLLED SUBSTANCES

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. Infringements of this regulation and/or other discipline expectations occurring during October 15, 16, 17, 2004 may be the basis for disciplinary action. Discipline problems and this regulation's enforcement will be handled promptly by an adult Discipline Hearing Board which will consist of three adult members; the Regatta Chairperson, a member of the ISSA Board of Directors and the Chief Judge. Said Board shall, at a time and method selected by them, meet to hear said problem and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the entire regatta, shall be final without appeal permitted.

17. REGATTA CONTACT

The contact for this regatta is:

Cappy Capper
P.O. Box 842
Wayzata, MN 55391
Office 952-404-1645
Sailing Center 952-473-3389
Cell 612-961-1756
E-mail LMSSCappy@aol.com