

**NATIONAL HIGH SCHOOL
SINGLEHANDED CHAMPIONSHIP
for the
CRESSY TROPHY**

NOTICE OF RACE

**Hosts
New England Schools Sailing Association
Greenwich Academy, Greenwich HS, Brunswick School
Indian Harbor Yacht Club
Greenwich, CT**

October 28-29, 2006

1. RULES

- 1.1 The regatta will be governed by *The Racing Rules of Sailing 2005-2008*, the Prescriptions of US SAILING, the 2005-2008 ISSA Procedural Rules, this Notice of Race (except as changed by the sailing instructions), and the Sailing Instructions. Advertising will be restricted to Category A.
- 1.2 RRS Appendix P is in effect modified as follows: Delete the word "first" in P2.1. Delete P2.2 and P2.3. P3 is replaced with: "if a boat has been protested under rule P1 and the Race Committee signals a postponement, general recall, or abandonment, the penalty is cancelled."

2. SAFETY

All competitors must wear USCG approved Type III non-inflatable lifejacket at all times while on the water, except to quickly change clothing.

3. ELIGIBILITY

- 3.1 Competing schools must be members of ISSA.
- 3.2 No student below the level of 9th grade shall be eligible to compete.
- 3.3 Competitors must be accompanied by a designated adult team leader--chaperone, who may be an advisor, coach or a parent recognized by the school.
- 3.4 Selection of competing schools for the Cressy Trophy will be by district elimination. The regatta has 16 Full Rig and 16 Radial rig berths, which will be distributed based on the quotas determined by ISSA. These quotas will be posted on the ISSA Website.
- 3.5 Interested Competitors should contact their District Directors to find out details on district qualifiers. The representative district should then notify NESSA with the regatta results i.e. sailor's name, rig and school address.

4. ENTRY AND COMMUNICATIONS

- 4.1 **Entry Deadline: Entry application, including all fees, must be received by October 16, 2006. ISSA will begin reallocating open spots on Oct. 17.**
- 4.2 Send all forms and payment to: Cressy Registration, Indian Harbor Yacht Club, 710 Steamboat Rd, Greenwich, CT 06830

- 4.3 Eligible competitors must enter by completing an official entry form and payment.
- 4.4 Competitors unable to compete must notify the Regatta Chairperson and ISSA as soon as possible.
- 4.5 If a district is unable to send the number of competitors that it has been allocated (see paragraph 3.4 above), ISSA will allocate the vacancy to another district. The first open allocation will go to the host district.

5. ENTRY FEE

- 5.1 The entry fee is \$70 per competitor. This fee includes two continental breakfasts, two box lunches and a dinner.
- 5.2 Make checks payable to: Indian Harbor Yacht Club.
- 5.3 Meal packages are also available for Coaches and Parents for \$40.00 and must be indicated and paid with the entry application.

6. DAMAGE DEPOSIT

- 6.1 A damage deposit of \$250.00 will be submitted with each entry. This is refundable if the boat and gear are returned undamaged.
- 6.2 Deposit shall be made by separate check made out to: Indian Harbor Yacht Club.
- 6.3 In the event that damage to a boat cannot be attributed to a particular competitor, the repair cost will be divided evenly between all the teams competing.

7. BOATS

- 7.1 Vanguard will supply 16 Laser Radials and 16 Laser Full Rigs.
- 7.2 There will be no rotation of boats. The boat shall be sailed "as supplied." Except as allowed by ISSA PR 7.10, no changes or additions or alterations to the spars, sail, hull, lines and fittings shall be made.
- 7.3 Competitors may bring telltales for sails, and an elastic cord to tie up the hiking strap.

8. SCHEDULE OF EVENTS

Friday, October 27, 2006

1400 - 1800 Check in at Indian Harbor Yacht Club.

Sailors must check in and pick up packet before the boats are available for practice.
No check in prior to 1400

1600 Practice Race # begins. Full rigs will start first, followed by a Radial start.

Saturday, October 28, 2006

0830 Rigging of Boats.

0900 Competitors Meeting (MANDATORY)

1030 First Warning. Racing will continue throughout the day.

1200 A lunch break will be taken on the water around noon.
Racing will continue until late, weather permitting.

Sunday, October 29, 2006

0200 Daylight Savings time ends. All times listed below are EST.**

0900 Rigging of Boats.

1000 First Warning. Racing will continue throughout the day.
A lunch break will be taken on the water around noon.

1600 No warning signal will be made after this time.

1700 Trophy Presentation.

Changes to schedule will be posted on the Notice Board.

ISSA Cressy NOR (printed on 6/9/2006)

9. SAILING INSTRUCTIONS

Sailing instructions will be available during registration on Friday.

10. RACING AREA

All races will be sailed off of IHYC. Charts will be available at registration.

11. COURSES

Courses will follow ISSA PR 7.7. Based on conditions, the Race Committee will determine the courses.

12. COACHING

Spectator boats will be available. If one coach per school has water access, coaching will be permitted between races. Spectator boats will be anchored. Coaching will only be allowed from designated spectator boats.

13. PRIZES

Prizes will be awarded to schools placing 1st, 2nd and 3rd in both the full rig and radial division. The winning skipper in the Full Rig and Radial Division will have their names engraved on the perpetual Cressy Trophy.

14. IMPORTANT NOTICE TO ALL CRESSY CONTESTANTS:

No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, or distilled spirits, each as defined in Chap 51 of the US Internal Revenue Code and intended for beverage use), or marijuana, cocaine, or any other controlled substance (as defined in 21 US Code 802), the possession of which, by that contestant is unlawful under 21 US Code 841. Infringements of this regulation and/or other discipline expectations occurring during October 27, 28, or 29, 2006 may be the basis for a hearing under RRS 69.1 The protest committee for such a hearing shall be the regatta chair, a member of the ISSA Board of Directors (BOD), and the protest committee chair. This protest committee shall, at a time and place selected by them, meet to hear said protest, and their decision to impose scoring penalties, or other sanctions they alone deem appropriate, including summary removal from the regatta, shall be final, without appeal.

15. REGATTA CONTACTS

Regatta Chair and Registration:

Jonathan Nye

Phone 212-969-2483 (work) or 203-637-7923 (home)

Fax 203-869-0135 (IHYC)

E-mail jonathan.nye@alliancebernstein.com

16. HOUSING INFORMATION.

An attempt will be made to house all competitors and one coach per competitor on a first come first served basis. For those who prefer to find their own housing, a list of local hotels is below

The Housing Chairperson is: TBD

Phone

Fax

E-mail

Hotel List

Howard Johnson Riverside (~\$85/night, 3 miles, www.howardjohnson.com)

Fairfield Inn Stamford (~\$95/night, 4 miles, <http://marriott.com/fairfieldinn>)

Holiday Inn Select Stamford (\$85-135, 5 miles, www.holidayinn.com)

Marriott Stamford (~ \$130/night, 6 miles, www.marriott.com)

Courtyard by Marriott (~ \$120/night, 6 miles, <http://marriott.com/courtyard>)

Hampton Inn and Suites Stamford (~ \$110/night, 5 miles, www.hamptoninn.hilton.com)

Sheraton Stamford (~ \$130/night, 6 miles, www.sheraton.com)

Hyatt (~ \$150/night, 4 miles, www.hyatt.com)

Cos Cob Inn (~\$150/night, 3 miles, www.coscobinn.com)

Delamar Greenwich Harbor (~ \$300/night, <1 mile, www.thedelamar.com)

17. TRAVEL AND TRANSPORTATION

When traveling to the Greenwich area, LaGuardia Airport is the most convenient (50 minute drive typically). JFK Airport and Newark Airport in NJ are good options too but are a bit further (75 minutes) from IHYC. Westchester Airport is a nearby regional airport but most flights into and out of are very expensive. Travel times will depend on time of day.

Directions: <http://www.indianharboryc.com/directions.htm>